

NEED TO KNOW



Bibs & Shirts

- ⊗ **Packet Pickup Friday, August 2 from 4pm - 6pm**
Best Western Plus 109 Apple Tree Ln
- ⊗ **Packet Pickup Saturday, August 3 8am -8:45am**
Ridgeview Park 700S Magnolia Ave
- ⊗ **REMINDER: Those who registered after July 12th are not eligible for a 2024 race shirt.** Your child will however receive a bib so please still come to packet pickup.



Brian T. Brumbaugh, D.D.S.
"Ride the Cavity Free Express"



Parking Info

- ⊗ Parking on the day of the event will overflow into the grassy field to the right of the park entrance. There will be parking attendants to direct you. Look for orange flags to wave you in the right direction.



Extra! Extra! Read all about it!

- ⊗ Pin bibs on the front of the shirt using four safety pins so it doesn't fall off in the mud or water.
- ⊗ Both races start by the amphitheater. The Fun Dash (ages 3-5) will start at 9am. The Mud Run (ages 5-14) will start at 9:15am or once the Fun Dash is over.
ALL PARTICIPANTS SHOULD ARRIVE BEFORE 9AM
- ⊗ There will be volunteers assisting at each obstacle AND along the course. There will also be directional arrows throughout the course.
- ⊗ If you feel your child will NEED you along the course you may run with them. Please only go with your child if it is necessary. ONLY children should do the obstacles, parents may watch from the sideline, encourage, and help your child if necessary.
- ⊗ IF A RUNNER IS NOT COMFORTABLE FOR ANY REASON ON A GIVEN OBSTACLES THEY CAN BYPASS IT.



Post Race Happenings

- ⊗ Each runner will finish by going down an inflatable water slide! The finish line, after the slide, will have a chute where you can reunite with your child once they have collected their medal.
IMPORTANT: Kids will be taking their shoes off BEFORE going onto the inflatable. Meet them along the fence line leading to the slide to gather their shoes from them or find them along the fence line after they finish the water slide finish.



Kids Mud Run Course 2024

Kids Fun Dash (3-5 years old) - will complete ONLY obstacles on the park side of the river
Mud Run (6 years old and up) - complete the course on both the park and soccer field side of the course

